

**Energy Efficiency Specialists™** 

## **Knife Safety**

Instructor -- Chris Jenkins

**Division --** Seattle

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Job Name -- Sea Tac Airport

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## Comments:

As insulators, firestoppers, and carpenters, cutting tools are part of our daily work:utility knives, fixed blades, snips, and more. If it has an edge, chances are we:ve used it to cut something. When used correctly, these tools are essential. But when used carelessly:or stored improperly'they can become a serious hazard.

Did you know one-third of all hand tool injuries involve cutting tools like knives: It only takes a fraction of a second of inattention or poor judgment to suffer a serious injury.

## **Everyone knows the golden rules in knife safety:**

Always wear cut-resistant gloves (Level 4 or higher).

Always cut away from your body.

Always use a sharp knife, dull blades slip.

Always secure material on a solid surface before cutting.

Be aware where the knife will go if it accidentally slips.

Always inspect your tools. Never use dull, bent, or broken knives.

Never use a knife as a screwdriver or pry bar.

Never attempt to catch a falling knife.

Never throw or toss a knife-or point one at another employee.

Remember to clean and lubricate your cutting tools regularly.

One more rule that often gets overlooked:

If the knife isn't in use, it must be retracted or stored in a sheath. Always.

Let's be honest:how many of us have an exposed fixed-blade knife clipped to our vest pocket or shoved into the :plier pouch: of our pants: Is it in a sheath: If not, it should be. Unprotected blades can easily puncture clothing and skin:especially in the event of a slip, fall, or even just reaching for something.

Over the years, we:ve had several serious injuries from unsafe knife storage. One example: A knife left on top of an 8: ladder during break time. The excuse: :l:ve done it for years, never been a problem.: My response: It always works… until it doesn't. What are you willing to risk to keep following unsafe habits:your fingers, your coworker's face, someone's future:

## Remember This!

Complacency is a major cause of knife injuries. We get too comfortable, we skip steps, we take shortcuts:and the consequences are real.

Let's stay sharp: literally and mentally. Use knives the right way, store them the safe way, and look out for one another.

Retract it. Sheath it. Or don't use it.